

THE COUNTER & KITCHEN

SOUP OF THE DAY with bread & butter 4.5

SANDWICHES (please see counter) 5.5/6

SALADS single salad £4 / 3 salads £9 / 4 salads £9.95

Roasted New Potatoes with Green Beans & Gherkin with rocket vinaigrette **GF/NF/VG**

Steam Broccoli, Baby Spinach & Sugar snaps with nigella seeds & orange zest **GF/NF/VG**

Roasted Butternut Squash, crispy red onion & sage, roasted chickpea with feta cheese, mint & parsley sauce **NF**

BeetRoute, green lentil mint and parsley yoghurt red onion & dill **GF/NF**

White Quinoa with radish, cranberry, baby basil, green peas **GF/NF/VG**

Roasted Carrot & Parsnip, coriander chilli flakes & pomegranate molasses with roasted chickpeas **GF/NF/VG**

Cauliflower, Brussel sprouts, cranberry, almond flakes with pomegranate seeds and balsamic glaze **GF/VG**

Roasted Aubergine, mint & parsley feta yoghurt, crispy red onions & pomegranate seeds **GF/NF**

LUNCH 12pm - 5pm

CAFÉ / DELI / BISTRO

ROUTE

DALSTON JUNCTION



MAINS with choice of 2 salads £12 or 3 salads £13

Chicken leg with lemon, tarragon and shallot served with artisan bread **DF/NF** 8.5

Roasted vegetable lasagna **NF** 8.5

Sweet chilli glazed salmon fillet, capers-dill & mayo **NF** 8.5

Filo pie of the day **NF** 6

Sweet potato served with pulled lamb & sumac onion **NF/DF** 7.5

Chicken meatballs with lentil, tomato & Tunisian spices served with flat bread (optional yoghurt topping) **NF** 8.5

Stuffed mushrooms with spinach, caramelised onions, red pepper, halloumi cheese & melted mozzarella **GF** 7.5

Quesadilla Veg - roasted vegetables & cheddar cheese served with gherkin yoghurt 8.95

Quesadilla Chicken - tomato, red onion & cheddar cheese served with gherkin yoghurt 8.95

HOMEMADE BURGERS 9.95

(served with hand cut potato wedges)

Prime Beefburger in a brioche bun

Slow Cooked Pulled Lamb Burger in brioche bun

Chicken thigh, roasted peppers, halloumi in Flatbread with mint yoghurt

Marinated grilled aubergine with halloumi, hummus in flat bread served with pickle cabbage & topped up with mint yoghurt

Add cheese 0.5 / bacon 1

HOMEMADE CAKES 3.8

Orange & pomegranate **GF**

Lemon & blueberry **VG/NF/DF**

Chocolate chips & mandarin **GF**

Beetroute, avocado & chocolate **VG/DF**

Banana, caramel & hazelnut loaf

Carrot & walnut

Olive oil and rosemary **GF**

Chocolate brownie 3.5